



AOS Newsletter

Volume 9, Issue 3

January, 2020

A Word from the Principal

Albany Options School
Greater Albany Public
School District

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ROCKS

Respect
Ownership
Courage
Knowledge
Safety

We are almost halfway through the school year, which is hard to imagine! I hope everyone enjoyed their winter break and the holiday season, and I would like to wish everyone a very happy new year.

Over break I reflected on Albany Options School and all of the wonderful things we have going on in our little school, including:

- We have an incredible group of students this year. I am so grateful for each and every one of you. I am the luckiest principal in the district because I

get to come to work every day and spend my time with you.

- I have a wonderful staff. We are all so fortunate to have teachers and staff who are so passionate about our students and the mission of AOS, who are also extremely talented and hardworking.

- The seniors who attended the Youth Job Fair blew me away with how professional and grownup they looked and behaved. Many members of the community sang your praises after the event. You are an

amazing group of young men and women.

- I am really excited for the second half of the school year. I cannot wait for all of the fun we have ahead of us, especially graduation.

I would like to urge each student to make education the focus of their new year's resolution, whether that be improving attendance or grades or taking ownership of your education. Let this be your best year yet.


Sincerely, John Hunter



January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
December 29	December 30	December 31	1	2	3	4 
No School: Winter Break						
5	6 Classes resume	7	8 Early Release	9	10	11
12	13	14	15 Early Release	16	17	18
19	20 NO SCHOOL: MLK	21	22 Early Release	23	24 Finals	25
26	27 NO SCHOOL: Grading Day	28 Start of Trimester 2, Grading period 2	29 Early Release	30	31	

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Mr. Hunter's Birthday
2	3 Counselor Appreciation Week!	4	5 Early Release	6	7	8
9	10	11	12 Early Release	13	14 valentine's Day 	15
16	17 NO SCHOOL: President's Day	18	19 Early Release	20	21	22
23	24	25	26 Early Release	27	28	March 1

Important Information

CALL 2-1-1

Looking for local health and social services?

Dial 2-1-1 and someone will answer to help you find local health and social services in the area that meet your needs.

The number is toll free and totally anonymous.

You can also text your zip code to 898211 or email them at help@211info.org

SNOW DAYS

In case of inclement weather such as snow or ice, check the district website to see if there will be school. You can also sign up for text notifications from the website.

Information will also be posted to the AOS Facebook page and Instagram accounts at:

www.facebook.com/albanyoptions

@AlbanyOptionsSchool

aos.albany.k12.or.us



Have a Job?

If you have a job see the counselor, Mrs. Harryman, to find out how you can earn up to 2.0 Elective credits for the work you are doing.

Want to Earn More Credits?

Mrs. Harryman also has some packets or can set you up with Odyssey if you are interested in earning additional credits this year on top of your classes.

GED Completers

Congratulations to the following students who earned their GED:

Stephen James

Noah Luden

Avery Hiddleston

Michael Rucker

Mason Hensley

Gillian Martinell

Chris Jones

Ebony Dominguez

Christian Sunseri

Austen Dolan

Joshua Allen

Isabel Torres

Graduates

Congratulations to the following students who met the requirements for the high school diploma:

Alexis Clark

Norma Vargas

Selena Segrest

McKayla Keuter

Cierra Turkovich

Anthony DeAvila

Autum Eastman

Jaden Jokinen

Kenny McFarlin

Pic of the Month

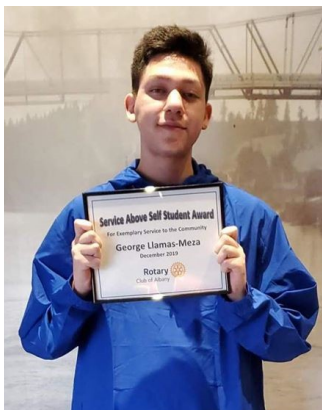


Dax the Robot came to visit us back in November, pictured here with Ms. Fitzpatrick and Mrs. Mitchell.

Student Recognized by Rotary Club

Congratulations to George Llamas-Meza, who was recognized on Tuesday, January 7th by the Rotary Club of Albany as their student of the month recipient of the Service above Self award.

The award is given to students who have demonstrated a significant commitment to giving back to



the community and serving others.

George was selected by the school for all of his involvement in community service and giving back.

George is an active member of the Latino Club, where he has volunteered at elementary

schools, the public library, and lead multiple events at school.

George shared his story with the Rotary club and was then given a certificate and a gift card.

Congratulations!



Leadership Adopts a Family

Every year the Leadership class has adopted a family from Sunrise Elementary School for the holidays, raising the funds to purchase gifts for the family.

This year AOS did not offer Leadership during the winter term, but that did not stop the students from wanting to give back. Instead the students formed a



Leadership Club that met during lunch with Mr. Corliss, and they set out on the same mission to raise the money to provide a wonderful holiday to a family.

The students coordinated a penny war, dividing the staff and students into four different teams.

The generosity of our students, fam-

ilies, staff, and community partners stunned the Leadership Club teacher, who said they raised a record amount of money, far more than they had set out to raise.

With the funds the students were able to go to the store together and purchase the holidays gifts for the family, wrap the gifts, and deliver them to the family before the start of the winter break.

We are so proud of the hard work and love our students put into this project.

Youth Job Fair

On Tuesday, December 17th, the seniors from AOS attending the Youth Job Fair at LBCC for the day, where they participated in mock interviews and learned about local businesses, colleges and career opportunities.



Academic Awards for Trimester 1, Grading Period 2

Congratulations to the following students who earned academic and attendance awards during the second grading period of trimester 1:

Mrs. Roundy:

Mythology—Tyler Nelson
World History—Jazmyn Hill
World History—Haley Brittain
Legends of Europe—Kalea Guyette
Legends of Europe—Anthony DeAvila
Foods—Hannah George

Mr. Corliss:

Geometry—Kenya Gosnell
Financial Algebra—Lili Childress
Algebra I—Elijah Maffel
Financial Alg—Geoge Llamas-Meza
Algebra II—Cierra Turkovich
Digital Media—Tyler Nelson

Ms. Bellando:

Film —Adaline Winningham
American Lit—George Llamas-Meza
American Lit—Josie-Beau DeVaney
Public Speaking—Cierra Turkovich
Modes of Writing—Eleyse Schaff

Ms. Fitzpatrick:

Health—Hannah George
Geometry—McKayla Keuter
CrossFit—Logan Ward
CrossFit—Miranda Holcomb
CrossFit—Gemini Soules
CrossFit—Lilianna Childress

Mrs. Gillispie:

Art—Miley Parmele
Physics—Nikolis Ford
Engineering—Bowen Wheeler
Engineering—Austin Smith
Astronomy—Lilianna Childress
Astronomy—Rayven Wilson

Mrs. Mitchell:

Sewing—James Brewer
US History—Miranda Holcomb
Graphic Lit—Sebastian Hildebrandt
Graphic Literature—Owen Moothart

Mr. Wolfe:

Weight Training—Larry Genaro
Economics—Josie-Beau DeVaney
Psychology—Claudia Villa-Lopez
Sociology—Taylor Farver

Perfect Attendance Award:

Miley Parmele
Jacob Scott
Travis Longo
Hannah George
Mason Nealy

Honor Role Award:

4.0 GPA

Lili Childress
Kalea Guyette

3.5-3.99 GPA

Georgia Vatoskay
Jazmyn Hill
Taylor Farver
Miley Parmele
Phebe Kihlstedius
Bailey Perkins



Health Learns about Healthy Eating

This fall Ms. Fitzpatrick's Health class did a unit on Nutrition and Healthy Eating.

Michelle Eckroth from Samaritan Heartspring Wellness Center in North Albany came a few times to give a guest lecture on our microbiomes and gut health.

Students learned how the types of food we eat can really play a part in how healthy our bellies become and how that plays into the larger picture of having a healthy body overall.

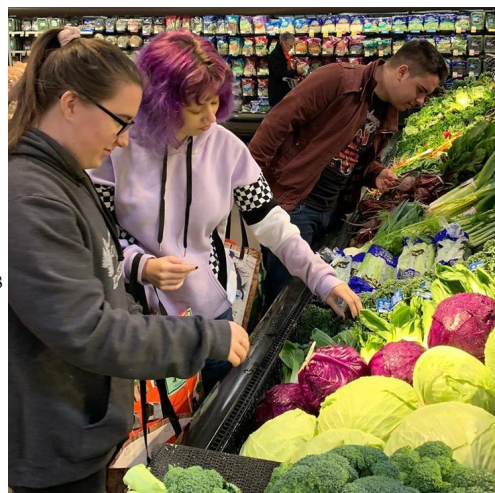
Dr. Eckroth had the students make their own healthy smoothie bowls from whole and natural ingredients.

We ended the term by taking the students to the grocery store where Dr. Eckroth instructed the students to find one fruit and one vegetable from the food rainbow that they would like to try. The students had a wonderful time picking and choosing fruits and vegetables they had never heard of or tried.

The students were able to purchase whatever produce they wanted thanks to Dr. Eckroth. The best part was the students were then able to take their delicious food items home and share them with their families.

It was fun to have the students report

back on the various healthy dishes they created with their families!



**Greater Albany Public
School District**

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Web: www.albany.k12.or.us/aos

Visit us online at:

www.aos.albany.k12.or.us

AOS encourages students and families to take advantage of the many resources our community has to offer. Below is a list of services and organizations available throughout Linn County that are available to the public.

- **Family Connections:** The people to call for child care, parenting information, family activities and more.....(541)917-4899 or 1-800-845-1363
- **Comcast Internet Essentials:** Affordable internet may be available for families with a child receiving free school lunches.....1-855-846-8376
- **Oregon Health Plan (OHP):** Provides health insurance to qualified citizens, includes dental services.....1-800-359-9517
- **Families and Agencies Coming Together (FACT):** Community resources for families with children in the Albany School District541-924-3720
- **Jackson Street Youth Shelter, Cornerstone Youth Outreach Center:** Overnight and drop-in resources for youth in Albany, Corvallis.....541-207-2958
- **FISH Clothes Closet:** Free clothing available; must bring name with current address. 1880 Hill St. SE. Albany.....928-4460
- Call **211** for free and confidential information regarding help with food, housing, employment, health care, counseling and more.

****For more community resources please visit the Albany Option School webpage:**
www.albany.k12.or.us/AOS/

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Respect Ownership Courage Knowledge Safety

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