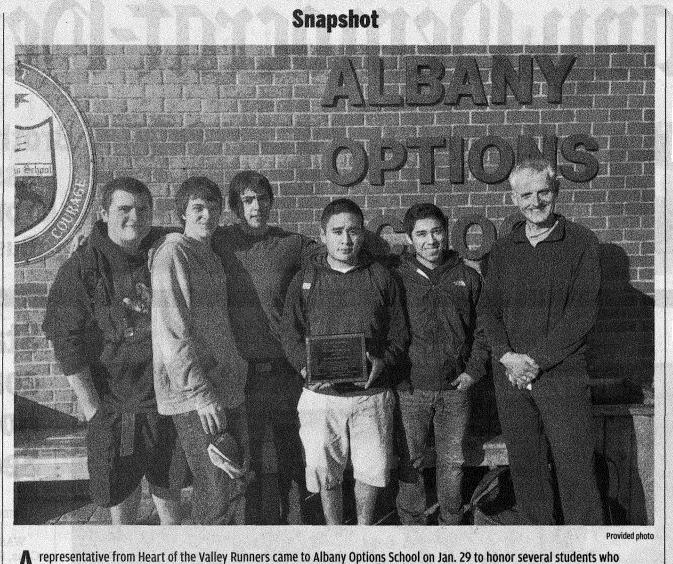
MONDAY, FEBRUARY 9, 2015

MID-VALLEY/OREGON

ALBANY DEMOCRAT-HERAL



A representative from Heart of the Valley Runners came to Albany Options School on Jan. 29 to honor several students who participated in the Eugene Water & Electric Board's Run to Stay Warm 5K last November. EWEB uses proceeds to help customers having trouble paying utility bills. The students are part of the new AOS running class, and many had never tried running as a sport. They trained five days a week for 12 weeks to complete the 5K. Their dedication prompted the Heart of the Valley runners to honor them with their annual youth award, and encourag them to continue to pursue various challenges. Pictured from left are AOS students Bryce Spowehn, Jaushua Jung, Anthony Cross, Alan Ruiz-Mendoza and Alfonso Orozco-Valencia, with Gerhard Behrens of Heart of the Valley Runners.